

Greenlee County Health Department Community Health Assessment (CHA) Summary

- Conducted between September-December 2012
- Followed a national model “Mobilizing for Action through Planning and Partnership (MAPP)”
- Requested feedback from entire Greenlee County community using an online survey
- Involved participation from Local Public Health System partners
- Will be used to conduct Community Health Improvement Plan (CHIP) in Spring 2013
- CHA and CHIP are pre-requisites for GCHD to gain national accreditation through the Public Health Accreditation Board

Greenlee County Health Department Vision and Values

A Shared Vision for a Safe and Healthy Community

We will improve the quality of living by instilling a healthier way of life, one person at a time. We will nourish our community by increasing knowledge and access to health information and services. We have an obligation to strive for better conditions and standards for our community.

A healthier future for Greenlee County, starting now!

Shared Values:

- ▶ Safe, happy and healthy environment for our community
- ▶ Collaborative working climate
- ▶ Knowledgeable and Engaged Community
- ▶ Access to Health Information and Services
- ▶ Economic Viability

The finalized Community Health assessment report suggests three main health themes that deserve further attention: obesity, particularly focusing on nutrition and physical activity; Alcohol, tobacco, and other drug use; and chronic disease. Access to healthcare, particularly medical specialists, also rated highly as a barrier to health, although GCHD is not in a position to directly address this issue. It is the Health Department’s hope that these findings galvanize community action to mitigate the economic conditions impacting our resident’s health.

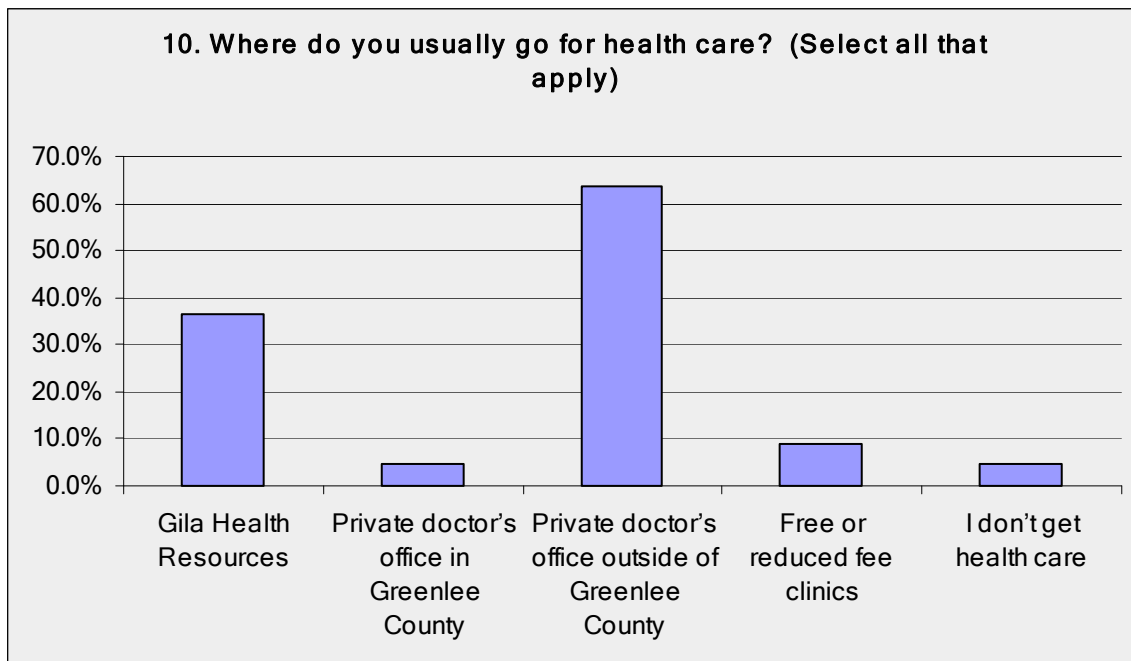
The full report is available on the Greenlee County Health Department website. Significant findings are summarized below.

Access to Healthcare

Although most of the community (85%) is insured, there is limited access to health care providers, particularly with regard to medical specialists. The physician supply in Greenlee County (84 physicians per 100,000 residents) is far below the national average (283 physicians per 100,000 residents) and Arizona state average of 207 physicians per 100,000 residents. From data in 2009, there was only (1) dentist per the entire 8,205 population, and zero (0) mental health providers.

| Indicator | Greenlee | AZ | Greenlee County vs. Arizona |
|---|----------|--------|-----------------------------|
| Adults <65, No Health Insurance Coverage, 2008-2010 | 14.64% | 18.57% | ↓ |
| No Usual Place of Care (No Personal Doctor or Health Care Provider) 2008-2010 | 25.86% | 22.37% | ↑ |
| No Prenatal Care | 2.77% | 20.57% | ↓ |
| Delayed Care or Could Not See Doctor Because of Cost, 2008-2010 | 9.89% | 13.35% | ↓ |

Based on data gathered by ADHS



Based on data gathered in the online Community Survey

Community Themes and Strengths

Based on results of the online Community Survey, these were the top responses to the following questions.

What are the greatest strengths of our entire Community?

1. Living in a friendly community
2. Local 24-hour police, fire and rescue services
3. Low crime
4. Safe neighborhoods
5. Living in a clean and health environment

What makes you most proud of our Community?

- It's clean
- The wonderful people
- willingness to help others, caring attitude, showing concern, helping others in time of need
- Unique-ness
- Cultural diversity
- San Francisco River
- Low crime rate
- Small, close knit community; strong family bond

Issues that need to be addressed:

- Drugs/drug use
- Homelessness
- Alcohol abuse
- Leadership
- Schools
- Obesity
- Access to affordable/healthy food
- Public transportation
- Community fitness programs, access to recreational places
- Housing assets
- Activities for youth
- Domestic violence
- Teen pregnancy
- Public communication
- Clean environment
- A nursing home for seniors
- More, diverse job opportunities

What do you believe is keeping our community from doing what needs to be done to improve health and quality of life?

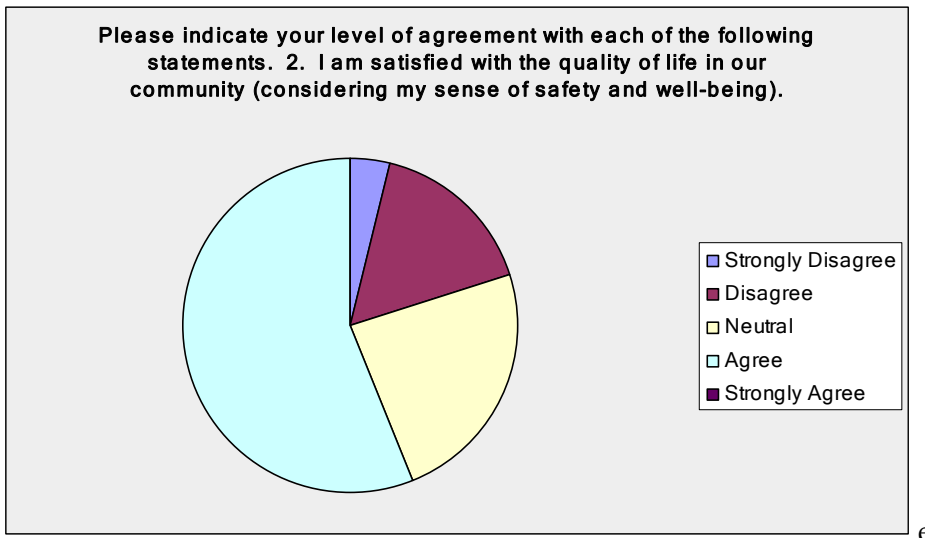
- The attitude "this is the way we have always done it so this way must be best"
- Need someone to organize/coordinate efforts and communicate the action. Not knowing where to start or if anyone is doing what.
- Need more action groups/community participation/commitment from citizens to participate
- Need more communication about public programs, volunteer programs, invitation to participate

What actions, policy, or funding priorities would you support to build a healthier community?

- Education programs: teen pregnancy, exercise, healthy eating
- Homeless and domestic violence shelters
- Growth in housing and commercial development
- Farmers Markets
- Getting rid of drug problem

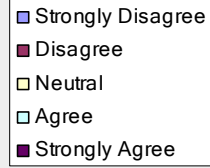
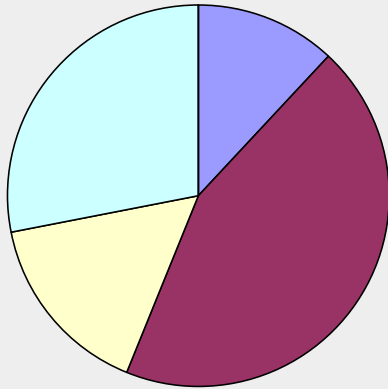
What would most improve the quality of life for our entire Community?

1. More programs, activities, and support for youth and teens during non-school hours
2. Access to healthcare for everyone
3. Access to affordable, healthy foods in everyone's community (fresh fruits, vegetables)
4. More programs, activities, and support for the senior community
5. Access to affordable housing for everyone

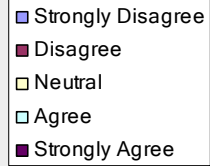
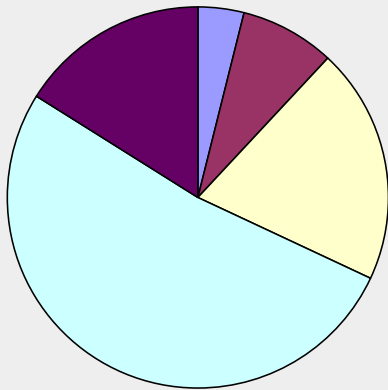


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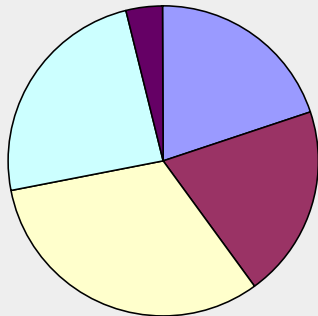
a) The community has adequate health and wellness activities.



4. This community is a good place to raise children.



5. This community is a good place to grow old (considering elder-friendly housing, transportation to medical services, shopping, elder day care, social support for the elderly living alone, meals on wheels, etc.).

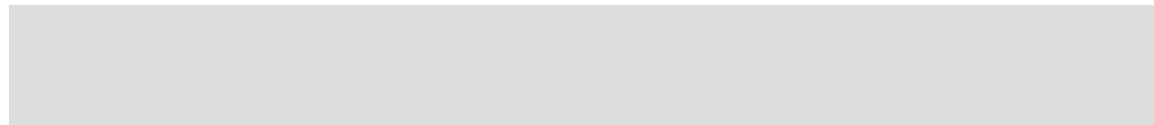


Community Health Status Assessment, Online Community Survey Results

Based on results of the online Community Survey, these were the top responses to the following questions.

| What are the most important health-related issues for our entire Community? Please select five (5) areas where the community should focus its resources and attention. | | |
|--|------------------|----------------|
| Answer Options | Response Percent | Response Count |
| Accidental injuries | 6.3% | 2 |
| Aging | 18.8% | 6 |
| Alcohol and drug abuse | 75.0% | 24 |
| Clean & healthy environment (all the things around you) | 18.8% | 6 |
| Dental health (healthy teeth) | 12.5% | 4 |
| Disabilities (physical, intellectual, sensory, developmental) | 18.8% | 6 |
| Disease that is chronic (doesn't go away, such as heart disease or diabetes) | 37.5% | 12 |
| Healthy babies and mothers | 31.3% | 10 |
| Immunizations (getting a vaccine or a shot to prevent certain types of illness) | 34.4% | 11 |
| Infectious disease (illness that can spread around, such as flu or tuberculosis) | 25.0% | 8 |
| Mental health (depression, anxiety, stress) | 46.9% | 15 |
| Nutrition (healthy food and eating habits, food allergies) | 43.8% | 14 |
| Obesity | 59.4% | 19 |
| Sexually transmitted disease (diseases spread by sex) | 12.5% | 4 |
| Tobacco use (cigarette smoking, snuff, chewing tobacco) | 43.8% | 14 |
| I don't know | 3.1% | 1 |
| Other (please specify) | 12.5% | 4 |
| <i>answered question</i> | | 32 |
| <i>skipped question</i> | | 0 |

Note: top five responses have been highlighted

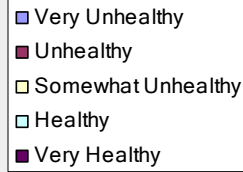
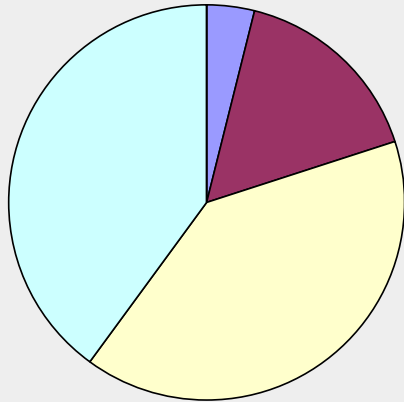


In the following list, what do you think are the 3 most important “risky behaviors” in our community? (Those behaviors that have the greatest impact on overall community health)

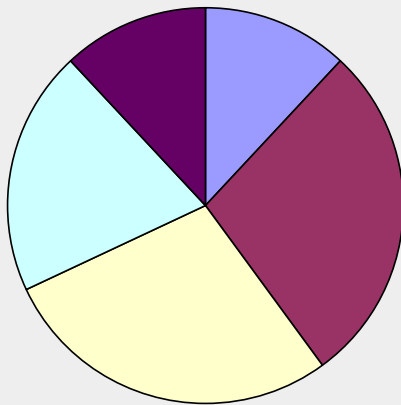
| Answer Options | Response Percent | Response Count |
|--|--------------------------|----------------|
| Alcohol abuse | 68.0% | 17 |
| Being overweight | 48.0% | 12 |
| Dropping out of school | 12.0% | 3 |
| Drug abuse | 56.0% | 14 |
| Lack of exercise | 32.0% | 8 |
| Poor eating habits | 28.0% | 7 |
| Not getting “shots” to prevent disease | 0.0% | 0 |
| Racism | 0.0% | 0 |
| Tobacco use | 24.0% | 6 |
| Tobacco use during pregnancy | 0.0% | 0 |
| Not using birth control | 8.0% | 2 |
| Not using seat belts and/or child safety seats | 16.0% | 4 |
| Unsafe sex | 24.0% | 6 |
| Other (please specify) | 4.0% | 1 |
| | <i>answered question</i> | 25 |
| | <i>skipped question</i> | 7 |

Note: top five responses have been highlighted

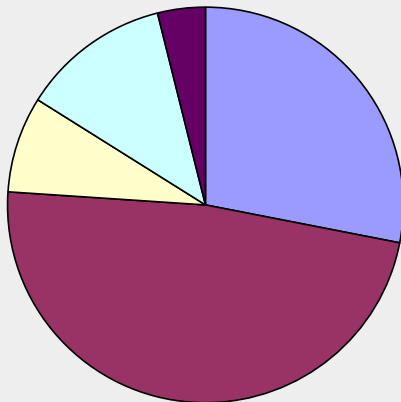
1. How would you rate your community as a "Healthy Community?"



3. I am satisfied with the health care system in our community.



a) I have easy access to the medical specialists that I need.



Community Health Status Assessment, Data from Arizona Department of Health Services (ADHS)

Health Behaviors, 2008-2010

| Indicator | Greenlee | AZ | Greenlee County vs. Arizona |
|--|----------|--------|-----------------------------|
| Tobacco Use (current smokers) | 18.94% | 15.65% | ↑ |
| Self-Reported Poor Physical Health | 5.22% | 4.31% | ↑ |
| Ever Told Have Pre-Diabetes | 8.12% | 6.09% | ↑ |
| Obesity | 39.45% | 25.48% | ↑ |
| Overweight & Obesity | 76.10% | 63.46% | ↑ |
| Youth Binge Drinking Past 2 Wks (%) AZ Youth Survey 2010 | 20.6% | 19.5% | ↑ |
| Youth Marijuana Use Past 30 Days (%) AZ Youth Survey 2010 | 14.9% | 14.8% | ↑ |
| Domestic Violence | 13.49% | 11.72% | ↑ |

Preventative Care, 2008-2010

| Indicator | Greenlee | AZ | Greenlee County vs. Arizona |
|--|----------|--------|-----------------------------|
| Women 40+ Mammogram Past Year | 64.42% | 75.45% | ↓ |
| Women 18+ Pap Test 3 Years | 80.44% | 81.84% | ↓ |
| Men 40+ PSA Test Past 2 Years | 30.69% | 54.38% | ↓ |
| Adult Flu Shot or Spray Past 12 Months | 50.16% | 38.17% | ↑ |
| Child Flu Shot Past 12 Months | 62.63% | 36.89% | ↑ |

Health Factors, 2012

| | Greenlee County | National Benchmark* | Arizona | Greenlee County vs. Arizona |
|---------------------------------|-----------------|---------------------|---------|-----------------------------|
| Poor physical health days | 3.6 | 2.6 | 3.4 | ↑ |
| Poor mental health days | 3.1 | 2.3 | 3.3 | ↓ |
| Low birthweight | 7.0% | 6.0% | 7.0% | == |
| Adult obesity | 36% | 25% | 25% | ↑ |
| Physical inactivity | 26% | 21% | 20% | ↑ |
| Excessive drinking | 16% | 8% | 17% | ↓ |
| Motor vehicle crash death rate | 20 | 12 | 19 | ↑ |
| Sexually transmitted infections | 250 | 84 | 400 | ↓ |
| Teen birth rate | 65 | 22 | 60 | ↑ |

<http://www.countyhealthrankings.org/#app/arizona/2012/greenlee/county/2/overall>